

LNS COVID PROTOCOLS 2021-22

(Policies may change in response to Covid Case counts in our geographical area)
(Last Updated 3/14/2022)*

We will continue to consult with our Covid Advisor regularly, review newly published guidance from experts, and consider the local Covid-19 prevalence. Based on expert guidance, proposals for changes are made to the Steering Committee for its consideration and approval. As the pandemic context continues to evolve, it is possible that future recommendations may include reversing the current policy changes.

Fully vaccinated is defined as:

- Boosted, OR
- Completed the 2 dose primary series of Pfizer or Moderna vaccine within the last 6 months
- Completed the primary series of J&J vaccine within the last 2 months

If families/staff are unable to obtain PCR/rapid molecular test (due to testing shortages) when one is advised, rapid antigen test may be accepted instead in consultation with Nancy/Emily Drazen or Amy Funkenstein.

1. Daily Health Status Attestation

Required of all staff, students, and adult visitors.

2. Return to School for Symptomatic LNS Individuals

All LNS individuals, regardless of vaccine status, who develop symptoms of COVID (see below) must stay home. Individuals can return to school once they:

- Have a negative COVID test (PCR or rapid molecular preferred), AND
- Are fever free for least 24 hours without fever reducing medications, AND
- All other symptoms are resolving

Symptom List:

- *fever (100.4 and higher), feverish, chills*
- *cough (not due to other known causes (e.g. diagnosed/known seasonal allergies or asthma)*
- *sore throat*
- *difficulty breathing or shortness of breath*
- *congestion*
- *muscle aches or body aches*
- *new loss of taste or smell*
- *nausea, vomiting, or diarrhea)*
- *rash on hands and feet*
- *headache (in combination with other symptoms)*
- *fatigue (in combination with other symptoms)*

- runny nose (in combination with other symptoms)

3. **Return to School for LNS Individuals with Symptomatic Household Member**

If a household member (vaccinated or unvaccinated) has any of the above symptoms:

Unvaccinated LNS individuals: must stay home until the household member has a negative COVID test (PCR or rapid molecular preferred).

Vaccinated LNS individuals: may continue to come to school if they remain symptom free, while awaiting household member's COVID test result.

4. **Return to School for COVID+ Individuals**

Individuals who are COVID+, regardless of vaccine status, must stay home for 5 days from positive test or start of symptoms. Individuals may return to school on day 6+ if they:

- Are asymptomatic or symptoms are resolving, AND
- Have been fever free for at least 24 hours, AND
- Have a negative rapid antigen test taken on day 5+

Upon return to school, individuals must wear a mask at all times (inside and out) through Day 10.

5. **Return to School for LNS Individual Exposed to COVID Outside of School but Not in the Household**

Unvaccinated individuals: must stay home for 5 days from the date of exposure (the date of exposure is day 0). They must have a negative PCR or rapid molecular test on day 5 post exposure. If they test negative, and remain symptom free, they may return to school on day 6 (students awaiting the results of the Day 5 PCR/molecular test may come to school with a negative rapid antigen test on each of Day 6 and 7). They will continue to actively monitor for symptoms and adhere to strict mask wearing through day 10.

Vaccinated individuals: may continue to come to school if they remain symptom free. They must have a negative PCR or rapid molecular test on day 5 post exposure (students awaiting the results of the Day 5 PCR/molecular test may come to school with a negative rapid antigen test on each of Day 6 and 7).

Individuals who have had previous COVID infection with the last 90 days are exempt from this testing requirement.

6. **Return to School for LNS Individuals Exposed to COVID in School**

Unvaccinated individuals: may participate in Test and Stay. If unvaccinated individuals chose not to participate in Test & Stay, or cannot find rapid antigen tests, they must follow *Return to School for LNS Individual Exposed to COVID Outside of School but Not in the Household Policy* above.

- Close contacts can remain in school as long as they:
 - a. Are asymptomatic
 - b. Wear masks in school at all times other than when eating or drinking. When these individuals cannot be masked (ie. when eating or drinking) they should maintain 3 feet of distance from other individuals to the extent feasible (6 feet is ideal).
 - c. Quarantine on weekends and when not in school through Day 5 (the last day of exposure is Day 0), then adhere to strict mask wearing when out of the house through Day 10.
 - d. Continue to actively monitor for symptoms through Day 10.
 - e. There are 2 options for testing:
 - i. Take a rapid antigen test, receive a negative result, and share that negative result with the Director each morning before coming to school through Day 7 (The Day of exposure is Day 0)
 - ii. Take a rapid antigen test, receive a negative result, and share that negative result with the Director each morning before coming to school through Day 5 AND have a negative PCR/rapid molecular test on or after Day 5 (if awaiting results of the Day 5 PCR/molecular test, students may come to school with a negative rapid antigen test)

Vaccinated individuals - should participate in Test and Stay as above. If no rapid antigen tests are available, vaccinated individuals may still come to school and should have a negative PCR/rapid molecular test on Day 5, if possible.

Individuals who have had previous COVID infection with the last 90 days are exempt from this testing requirement.

7. Return to School for LNS Individuals with a COVID+ Household Member

Regardless of vaccine status, LNS individuals with a COVID+ household member must:

- stay home for 5 days from either the start of their household member's symptoms or their household member's positive test result (the date of symptom onset or positive test is day 0)
- remain asymptomatic
- LNS Individuals can return to school once:
 - The COVID+ household member has a negative test on or after Day 5+, AND

- The LNS individual has a negative PCR or rapid molecular test on or after Day 5+ (students awaiting the results of the Day 5+ PCR/molecular test may come to school with a negative rapid antigen test each day)

8. Return to School for LNS Individuals with Close Contact in the Household

If an LNS individual has an unvaccinated household member who has been exposed to Covid, the LNS individual may remain in school if the **close contact**:

a) is asymptomatic **AND**

b) takes a rapid antigen test, receives a negative result, and shares that negative result with the Director each morning before the LNS individual comes to school through Day 5. (The day of exposure is Day 0.)

If the **close contact** becomes symptomatic or receives a positive rapid antigen test, the LNS individual must stay home. In those cases, the **close contact** must take a PCR or rapid molecular test:

- If a negative PCR/rapid molecular test result is received, the LNS individual may return to school. The close contact must continue to take and report negative rapid antigen test results each morning before the LNS individual comes to school through Day 5.
- If a positive test result is received, the current household member COVID+ policy applies to the LNS individual.

Note that the negative antigen test result must be received and shared with the Director in the morning before the LNS individual may come to school. Therefore, families with a close contact in the public school Test & Stay programs must wait to receive notification from the school nurse of that day's test result before dropping off the LNS student, or purchase their own rapid antigen tests to use earlier in the morning.

9. Masking

Masks are required indoors for everyone over the age of 2. This policy applies to all regardless of vaccination status.

10. Family Partners

This year family partnering is **voluntary**. Every family partner must:

- be fully vaccinated (see definition above)
- wear a N95 mask indoors
- take a rapid COVID antigen test the morning of family partnering
- complete the health status attestation form the morning of family partnering

11. Return to School for LNS Students after Travel

LNS individuals who have traveled must have a rapid antigen test each of the first three mornings back to school. This does not apply to individuals who have no significant exposures during travel (for example traveling by car to a family house in NH and staying only with people already in the household, etc.). This policy applies regardless of vaccination status.

Individuals who have had previous COVID infection with the last 90 days are exempt from this testing requirement.

12. Cohorts

Cohorts will be maintained during school hours and for extended day programming. Vaccinated teachers and staff may move between cohorts as needed.

Lincoln Nursery School
Covid Symptom, Exposure, and Testing Guidelines
 as of March 17, 2022



	Student is Covid Positive	Exposure**: In-School	Exposure**: Household Member is Covid Positive	Exposure**: Outside of School and Household	Student is Symptomatic, No Known Exposure	Household Member is Symptomatic, Student is Asymptomatic
Student is Vaccinated	Stay home for 5 days from positive test or start of symptoms (Day 0) May return to school when: - Negative rapid antigen test on or after Day 5, AND - Asymptomatic or symptoms resolving, AND - Fever free for at least 24 hours	<u>Test & Stay: (recommended to attend school)</u> See details below	Stay home for 5 days from household member's positive test or start of symptoms (Day 0) May return to school when: - The infected household member has a negative rapid antigen test on or after Day 5+, AND - Student has negative PCR/molecular on or after Day 5+ (students awaiting results may come to school with negative rapid antigen each day) Must be asymptomatic to return to school	May continue to come to school if asymptomatic Test on Day 5 (PCR/rapid molecular; students awaiting results may come to school with negative rapid antigen on each of Day 6 and Day 7)	Stay home May return to school when: - Negative COVID test (PCR/molecular preferred), AND - Fever free for at least 24 hours, AND - All other symptoms resolving	May continue to come to school
Student is Unvaccinated	Same as vaccinated	<u>Test & Stay: (required to attend school)</u> Close contacts may remain in school if they: - Are asymptomatic - Wear masks at all times except when eating or drinking - Follow a testing procedure detailed below There are 2 options for testing: - Take a rapid antigen test, receive a negative result, and share that negative result with the Director each morning before coming to school through Day 7 (The Day of exposure is Day 0) - Take a rapid antigen test, receive a negative result, and share that negative result with the Director each morning before coming to school through Day 5 AND have a negative PCR/rapid molecular test on or after Day 5 (if awaiting results of the Day 5 PCR/molecular test, students may come to school with a negative rapid antigen test)	Same as vaccinated	Stay home for 5 days following the exposure (Day 0) May return to school on Day 6 if: - remain asymptomatic - Negative test on or after Day 5 (PCR/molecular; students awaiting results may come to school with negative rapid antigen on each of Day 6 and Day 7)	Same as vaccinated	Stay home until household member has negative COVID test (PCR/rapid molecular preferred)

** Individuals who have had previous COVID infection with the last 90 days are exempt from testing requirements.